

If you have any difficulties in your school life, you can consult with a "なやみごとそうだんいん" teacher or various other people. If you don't want to talk to someone you know, you can consult with this counseling center.

Protecting Students from Sexual Violence by Teachers, or Faculty Members
Third-Party Consultation Service for the Protection of Students from Sexual Violence by Teachers or Other Persons

Telephone Consultation Hours

Mon, Tue, Thu, from 3pm to 6pm

Saturday from 9am to Noon

※There are female and male attorneys each day for support.

※Please visit the following home pages to see the attorney on duty.

とうきょうときょういんかい
「東京都教育委員会」

じどう せいとせいぼうりよくぼうし
「児童・生徒性暴力防止」



Also accessible using the QR code on the right.

Mail Address

k.tsuho-soudan@section.metro.tokyo.jp



You can respond via this consultation sheet or the internet.

Accessible via this QR code.



料金受取人払郵便

新宿局承認

4352

差出有効期間 2026
年3月 31日まで

(切手不要)

163-8001

434

とうきょうとしんじゅくにしんじゅく

東京都新宿区西新宿2-8-1

じどう せいと きょうしゅくいんとう せいぼうりよく まも
児童・生徒を教職員等による性暴力から守る

だいさんしゃそうだんまどぐち
ための第三者相談窓口 行

でんわ いがい ほうほう そうだん
※電話やメール以外の方法で相談したければ、この
てがみ つか そうだん
手紙を使って相談することもできます。

Glue here

Consultation Sheet For Elementary School Students

Glue here

Glue here

This Consultation sheet is meant to help everyone have an enjoyable school life.

If you have any problems **with adults at school that make you feel irritated or uncomfortable**, and you want to talk about it, you can write them on this sheet and send it by mail or answer the online version (Japanese only).

<Who is this about>

1. Me 2. My Classmate (Grade ___ Class ___ Name _____)

<What happened>

- 1. Someone touched my body or my classmate's body.
- 2. Someone peeked at me or my classmate while changing or using the toilet.
- 3. Someone punched or kicked me or my classmate.
- 4. Someone kept saying mean things to me or my classmate.
- 5. Someone did something that scared me or my classmate, like kicking the desk.
- 6. Something else (Write here: _____)

<Who did it>

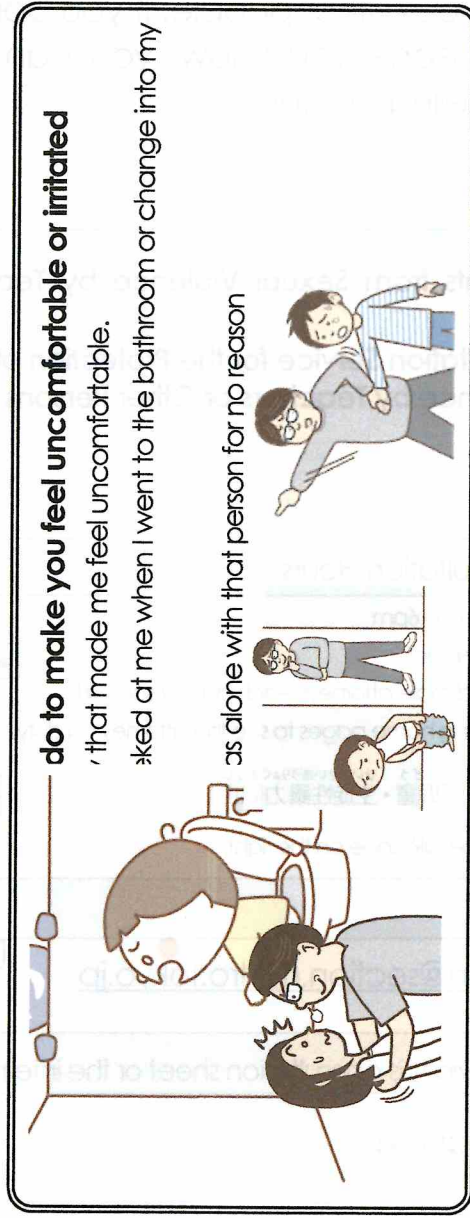
- 1. Someone I don't know
- 2. A teacher (Their name: _____)
- 3. Someone else (Who was it: _____)

Fold Here

Fold Here

<When did it happen>

- 1. In class
- 2. During recess
- 3. When I was changing for pool or P.E.
- 4. A different time (When was it: _____)

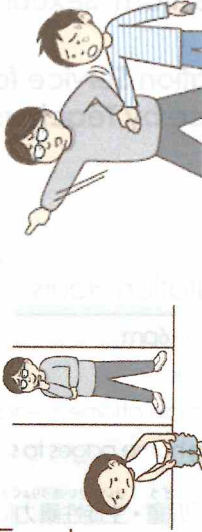


do to make you feel uncomfortable or irritated

that made me feel uncomfortable.

asked at me when I went to the bathroom or change into my

as alone with that person for no reason



Minato City Nanzan ES

Grade Class Name

You do not have to write your name if you don't want to.